

# GENGHIS GRILL NUTRITION GUIDE

MENU ITEMS	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
<b>SAUCES</b>												
Ginger Water	1 fl oz	5	0	0	0	0	0	0	1	0	0	0
Garlic Water	1 fl oz	5	0	0	0	0	0	0	1	0	0	0
Sweet N Sour	1 fl oz	45	0	0	0	0	0	160	11	0	10	0
Roasted Tomato	1 fl oz	15	0	0	0	0	0	75	<1	0	17	3
Island Teriyaki	1 fl oz	60	0	0	0	0	0	600	18	0	16	0
Honey Soy	1 fl oz	70	5	0	0	0	0	680	19	0	18	1
Mongo BBQ	1 fl oz	60	0	0	0	0	0	230	17	0	13	0
Roasted Garlic	1 fl oz	50	5	0	0	0	0	470	14	0	12	1
3G	1 fl oz	60	0	0	0	0	0	730	17	0	15	1
Thai Peanut	1 fl oz	100	60	7	1	0	0	310	9	0	8	1
Kung Pao	1 fl oz	80	25	3	0	0	0	480	13	0	12	1
Dragon	1 fl oz	70	5	0	0	0	0	350	20	0	19	0
Sesame	2 tbsp	90	40	4.5	1	0	0	320	12	0	9	0
Asian Chili	1 fl oz	10	0	0	0	0	0	1410	1	1	1	0

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<b>VEGGIES</b>												
Cabbage	1 oz	10	0	0	0	0	0	5	2	<1	0	0
Tofu	1 oz	35	15	2	0	0	0	0	1	0	0	3
Yellow Onions	1 oz	10	0	0	0	0	0	0	3	0	1	0
Bell Peppers	1 ea	5	0	0	0	0	0	0	1	0	0	0
Spinach	1 oz	5	0	0	0	0	0	20	1	<1	0	<1
Red Onions	1 oz	10	0	0	0	0	0	0	3	0	1	0
Squash	1 oz	5	0	0	0	0	0	0	0	0	0	0
Zucchini	1 oz	5	0	0	0	0	0	0	<1	0	<1	0
Roasted Red Peppers	100 g	29.92	1.8	0	0	0	0	238	6	1	4	1
Bamboo Shoots	1 oz	5	0	0	0	0	0	0	<1	0	0	0
Jalapenos	1 oz	10	0	0	0	0	0	0	2	<1	1	0
Baby Corn	1 oz	25	0	0	0	0	0	0	6	<1	1	<1
Peas	1 oz	10	0	0	0	0	0	0	2	<1	1	<1
Carrots	1 oz	10	0	0	0	0	0	20	3	<1	1	0

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<b>VEGGIES</b>												
Water Chestnuts	1 oz	15	0	0	0	0	0	0	3	0	<1	0
Broccoli	1 oz	10	0	0	0	0	0	10	1	<1	0	<1
Bean Sprouts	1 oz	10	0	0	0	0	0	0	2	<1	1	<1
Mandarin Oranges	1 oz	10	0	0	0	0	0	0	3	0	2	0
Banana Peppers	1 oz	0	0	0	0	0	0	580	0	0	0	0
Corn	1 oz	15	0	0	0	0	0	80	2	<1	2	0
Potatoes	1 oz	25	0	0	0	0	0	10	6	<1	0	<1
Green Beans	1 oz	10	0	0	0	0	0	0	2	<1	<1	<1
Green Onions	1 oz	10	0	0	0	0	0	0	2	<1	<1	<1
Tomatoes	1 oz	5	0	0	0	0	0	0	1	0	<1	0
Pineapple	1 oz	15	0	0	0	0	0	0	4	0	4	0
Mushrooms	1 oz	30	0	0	0	0	0	0	<1	0	<1	0
Cilantro	1 oz	5	0	0	0	0	0	15	1	<1	0	<1
Basil	1 oz	5	0	0	0	0	0	0	<1	0	0	<1
Mint	1 oz	20	0	0	0	0	0	10	4	2	0	1

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<b>SIDES</b>												
Steamed Rice	1 order	130	0	0	0	0	0	0	29	0	0	3
Brown Rice	1 order	110	10	1	0	0	0	5	23	2	0	3
Fried Rice	1 order	210	35	4	1	0	< 5	460	39	< 1	< 1	4
Spiral Pasta	1 order	160	35	4	0	0	0	90	26	2	< 1	5
Udon Noodles	1 order	140	15	2	0	0	0	135	25	< 1	0	4
Cabbage	1 order	15	0	0	0	0	0	15	4	2	0	< 1
Tortillas	1 order	220	45	5	1	0	0	510	38	2	3	6
Rice Noodles	1 order	150	0	0	0	0	0	0	34	0	0	3
<b>SPICES</b>												
Lemon Pepper	1 tsp	10	0	0	0	0	0	370	2	0	0	0
Citrus Garlic Herb	1 tsp	10	0	0	0	0	0	610	2	0	0	0
Cajun	1 tsp	10	0	0	0	0	0	630	2	0	0	0
Dragon Salt	1 tsp	10	0	0	0	0	0	690	1	0	0	0
Yellow Curry Salt	1 tsp	10	0	0	0	0	0	600	2	0	0	0

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<b>SPICES</b>												
Sweet Ginger Garlic	1 tsp	15	5	0.5	0	0	0	230	2	<1	<1	0
Salt	1 tsp	0	0	0	0	0	0	2360	0	0	0	0
Pepper	1 tsp	10	0	0	0	0	0	0	2	<1	0	<1
Cayenne	1 tsp	10	0	0.5	0	0	0	0	1	<1	0	<1
Red Pepper	1 tsp	10	0	0	0	0	0	0	1	<1	0	<1
Ginger	1 tsp	10	0	0	0	0	0	0	2	<1	0	<1
Garlic	1 tsp	5	0	0	0	0	0	0	2	0	0	0
<b>TOPPINGS</b>												
Khan's Krunch	1 oz.	150	70	9	1	0	0	120	16	1	0	2
Peanuts	1 oz.	170	130	14	2	0	0	0	6	2	1	7
Wonton Strips	1 oz.	80	60	6	0	0	0	180	16	0	0	4
<b>PROTEIN</b>												
Ham	1 oz	30	10	1	0	0	10	390	2	0	2	4
Bacon	1 oz	170	130	15	5	0	15	500	0	0	0	7

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<b>PROTEIN</b>												
Pepperoni	1 oz	150	130	14	6	0	30	510	1	0	0	6
Meatballs	1 oz	80	60	7	2.5	0	15	85	2	0	< 1	4
Sausage	1 oz	90	70	8	3	0	20	250	2	0	2	3
Korean BBQ Pork	1 oz	35	15	1	0	0	10	180	2	0	2	4
Pork	1 oz	25	15	1	0	0	15	120	0	0	0	4
Chicken Breast	1 oz	20	0	0	0	0	15	170	0	0	0	6
Fiesta Lime Chicken	1 oz	40	20	2.5	0	0	15	240	0	0	0	5
Cajun Chicken	1 oz	40	20	2	0	0	15	160	< 1	0	0	5
Spicy Sriracha Chicken	1 oz	25	0	0	0	0	15	190	0	0	0	5
Sliced Beef	1 oz	70	45	5	2	0	20	20	0	0	0	5
Khan's Krab	1 oz	30	0	0.5	0	0	< 5	200	5	0	2	2
Calamari	1 oz	25	0	0	0	0	65	10	< 1	0	0	4
Garlic Lime Marinated White Fish	1 oz	25	0	0	0	0	20	30	0	0	0	5
Shrimp	1 oz	20	0	0	0	0	35	160	0	0	0	4
Steak	1 oz	65	45	5	2	0	18	80	0	0	0	5

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<b>APPETIZERS</b>												
Chicken Potstickers	1 order	350	50	6	1	0	20	2330	59	1	35	12
Pork Potstickers	1 order	420	110	11	3	0	20	1440	67	1	44	9
Garlic Citrus Edamame	1 order	250	70	7	0	0	0	490	16	10	11	21
Chicken Lettuce Wraps	1 order	330	60	7	0	0	100	1960	24	1	26	35
<b>SIGNATURE BOWLS</b>												
Mongolian Beef (Small)	1 each	903	379	43	15	0	124	2264	100	0	42	39
Mongolian Beef (Regular)	1 each	1522	554	62	21	0	186	3809	197	1	83	61
Mongolian Beef (Large)	1 each	2142	730	82	28	0	248	5354	294	1	125	83
Sesame Beef (Small)	1 each	992	496	58	16	0	138	1889	75	0	31	39
Sesame Beef (Regular)	1 each	1673	789	92	24	0	207	3390	41	0	60	60
Sesame Beef (Large)	1 each	2353	1081	127	33	0	276	4890	143	0	89	81
Teriyaki Chicken (Small)	1 each	656	73	8	1	0	122	3788	107	0	60	52
Teriyaki Chicken (Regular)	1 each	1133	87	11	1	0	186	6632	203	1	114	82
Teriyaki Chicken (Large)	1 each	1606	101	12	2	0	243	9392	300	1	168	108

\*Nutritional information for sides are listed separate from Signature Bowls.

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<b>SIGNATURE BOWLS</b>												
Kung Pao Chicken (Small)	1 each	925	289	33	4	0	122	3917	107	2	42	90
Kung Pao Chicken (Regular)	1 each	1650	488	55	6	0	182	6828	208	3	81	153
Kung Pao Chicken (Large)	1 each	2377	688	78	9	0	243	9734	309	5	121	216
<b>DESSERTS</b>												
Oreo Stack	1 each	280	170	18	9	0	55	130	26	1	15	3
Peanut Butter Stack	1 each	335	200	25	12	0	45	140	31	2	23	4
Lemon Berry Stack	1 each	290	160	18	10	0	55	130	30	1	20	3
Triple Stack	3 stacks	905	530	61	31	0	155	400	87	4	58	10
Double Fudge Brownies	1 each	900	360	40	12	0	160	510	132	2	87	8
Double Fudge Brownies A La Mode	1 each	1130	480	53	20	0	210	600	159	3	111	12
<b>KIDS MENU</b>												
Teriyaki Fried Rice	1 each	540	120	15	2.5	0	70	2120	74	3	27	27
Chicken Lo Mein	1 each	520	80	14	1.5	0	65	1920	69	3	27	30
Mighty Macaroni & Cheese	1 each	430	120	12	4	0	20	950	64	3	11	15

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<b>KIDS MENU</b>												
Milk	1 each	110	40	4.5	3	0	20	105	11	0	11	8
Chocolate Milk	1 each	210	45	5	3	0	20	120	24	1	22	8
Apple Juice	1 each	80	0	0	0	0	0	5	19	<1	17	0
Cranberry Juice	1 each	90	0	0	0	0	0	25	17	0	17	0
White Grapefruit Juice	1 each	70	0	0	0	0	0	50	16	<1	6	<1
Orange Juice	1 each	120	0	0	0	0	0	35	32	0	32	0
Pineapple Juice	1 each	90	0	0	3.5	0	10	180	0	0	0	0
Coca-Cola	1 each	60	0	0	0	0	0	20	18	0	18	0
Diet Coke	1 each	0	0	0	0	0	0	20	0	0	0	0
Coca-Cola Zero	1 each	0	0	0	0	0	0	20	0	0	0	0
Sprite	1 each	60	0	0	0	0	0	30	17	0	17	0
Dr Pepper	1 each	70	0	0	0	0	0	30	18	0	18	0
Minute Maid Lemonade	1 each	80	0	0	0	0	0	10	19	0	19	0

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<b>BEVERAGES (NON-ALCOHOLIC)</b>												
Ginger Beer	1 can	120	0	0	0	0	0	30	29	0	27	1
Coca-Cola	1 each	120	0	0	0	0	0	40	33	0	33	0
Diet Coke	1 each	0	0	0	0	0	0	35	0	0	0	0
Coke Zero	1 each	0	0	0	0	0	0	35	0	0	0	0
Coke Zero Sugar	1 each	0	0	0	0	0	0	35	0	0	0	0
Sprite	1 each	120	0	0	0	0	0	55	32	0	32	0
Dr. Pepper	1 each	130	0	0	0	0	0	50	33	0	32	0
Minute Maid Lemonade	1 each	140	0	0	0	0	0	20	36	0	35	0
Unsweet Iced Tea	1 each	0	0	0	0	0	0	15	0	0	0	1
Sweet Iced Tea	1 each	80	0	0	0	0	0	60	20	0	20	4
Flavored Unsweet Tea Strawberry	1 each	80	0	0	0	0	0	50	19	0	17	2
Flavored Unsweet Tea Peach	1 each	80	0	0	0	0	0	50	18	0	18	2
Flavored Unsweet Tea Mango	1 each	80	0	0	0	0	0	35	19	0	18	2
Flavored Unsweet Tea Raspberry	1 each	50	0	0	0	0	0	40	12	0	11	2

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<b>BEVERAGES (NON-ALCOHOLIC)</b>												
Flavored Unsweet Tea Watermelon	1 each	50	0	0	0	0	0	35	12	0	12	2
Flavored Unsweet Tea Passion Fruit	1 each	70	0	0	0	0	0	60	17	0	16	2
Flavored Sweet Tea Strawberry	1 each	150	0	0	0	0	0	90	39	0	37	5
Flavored Sweet Tea Peach	1 each	150	0	0	0	0	0	95	38	0	38	5
Flavored Sweet Tea Mango	1 each	150	0	0	0	0	0	75	39	0	38	5
Flavored Sweet Tea Raspberry	1 each	120	0	0	0	0	0	85	32	0	31	5
Flavored Sweet Tea Watermelon	1 each	120	0	0	0	0	0	75	32	0	32	5
Flavored Sweet Tea Passion Fruit	1 each	150	0	0	0	0	0	95	38	0	38	5
Flavored Lemonade Strawberry	1 each	210	0	0	0	0	0	55	55	0	52	1
Flavored Lemonade Peach	1 each	210	0	0	0	0	0	55	55	0	53	1
Flavored Lemonade Mango	1 each	210	0	0	0	0	0	40	55	0	53	1
Flavored Lemonade Raspberry	1 each	190	0	0	0	0	0	45	48	0	46	1
Flavored Lemonade Watermelon	1 each	190	0	0	0	0	0	40	48	0	47	1
Flavored Lemonade Passion Fruit	1 each	210	0	0	0	0	0	65	54	0	51	1

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<b>BEER</b>												
Bud Light Draft Short	1 each	130	0	0	0	0	0	20	8	0	0	0
Bud Light Draft Tall	1 each	170	0	0	0	0	0	25	9	0	0	2
Sam Adams Draft Short	1 each	200	0	0	0	0	0	15	21	0	0	3
Sam Adams Draft Tall	1 each	260	0	0	0	0	0	20	27	0	0	2
Blue Moon Bottle	1 each	160	0	0	0	0	0	10	13	0	0	1
Budweiser Bottle	1 each	160	0	0	0	0	0	10	11	0	0	< 1
Bud Light Bottle	1 each	110	0	0	0	0	0	10	7	0	0	0
Coors Light Bottle	1 each	100	0	0	0	0	0	10	5	0	0	< 1
Michelob Ultra Bottle	1 each	100	0	0	0	0	0	10	3	0	0	< 1
Miller Lite Bottle	1 each	100	0	0	0	0	0	5	3	0	0	0
Shiner Bock Bottle	1 each	140	0	0	0	0	0	0	13	0	0	1
Sapporo Bottle	1 each	260	0	0	0	0	0	0	19	0	0	3
Corona Bottle	1 each	150	0	0	0	0	0	0	13	0	0	0
Corona Light Bottle	1 each	110	0	0	0	0	0	0	5	0	0	0

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<b>BEER</b>												
Dos Equis Bottle	1 each	150	0	0	0	0	0	0	12	0	0	2
Heineken Bottle	1 each	150	0	0	0	0	0	0	11	0	0	< 1
Kirin Bottle	1 each	150	0	0	0	0	0	0	12	0	0	1
Stella Artois Bottle	1 each	150	0	0	0	0	0	0	13	0	0	0
Tsingtao Bottle	1 each	160	0	0	0	0	0	0	15	0	0	0
<b>INFAMOUS COCKTAILS</b>												
Mongolian Mule	1 each	260	0	0	0	0	0	10	54	1	28	0
Legondary Lemonade	1 each	240	0	0	0	0	0	10	41	< 1	38	0
Khargarita Mango (Signature)	1 each	270	0	0	0	0	0	10	39	2	32	0
Khargarita Mango (Schooner)	1 each	380	0	0	0	0	0	15	56	2	47	< 1
Khargarita Mango (Fishbowl)	1 each	920	0	0	0	0	0	35	126	3	110	< 1
Khargarita Strawberry (Signature)	1 each	270	40	39	40	41	40	50	72	45	68	45
Khargarita Strawberry (Schooner)	1 each	380	50	52	53	54	55	70	100	60	94	61
Khargarita Strawberry (Fishbowl)	1 each	920	130	130	133	135	140	170	237	148	228	151

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<b>INFAMOUS COCKTAILS</b>												
Khangarita Raspberry (Signature)	1 each	270	35	37	38	39	40	50	70	43	66	44
Khangarita Raspberry (Schooner)	1 each	380	50	50	51	52	55	65	98	58	91	58
Khangarita Raspberry (Fishbowl)	1 each	910	120	124	126	129	130	160	231	142	222	145
Khangarita Watermelon (Signature)	1 each	270	35	37	38	39	40	50	70	43	66	44
Khangarita Watermelon (Schooner)	1 each	380	50	50	51	52	55	65	98	58	91	58
Khangarita Watermelon (Fishbowl)	1 each	910	120	124	126	129	130	160	231	142	222	145
Khangarita Peach (Signature)	1 each	270	40	39	40	41	40	50	72	45	68	45
Khangarita Peach (Schooner)	1 each	380	50	52	53	54	55	70	100	60	94	61
Khangarita Peach (Fishbowl)	1 each	920	130	130	133	135	140	170	237	148	228	151
Dragon Fruit Sunrise	1 each	270	0	0	0	0	0	15	34	< 1	33	0
Blue Dragon (Signature)	1 each	180	0	0	1	0	< 5	70	17	< 1	14	0
Blue Dragon (Schooner)	1 each	210	0	0	1.5	0	5	90	17	< 1	14	0
Blue Dragon (Fishbowl)	1 each	730	0	0	5	0	20	300	49	< 1	43	< 1

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<b>WINE-BASED COCKTAILS</b>												
Pineapple Fusion (Signature)	1 each	140	0	0	1.5	0	5	100	15	0	15	0
Pineapple Fusion (Schooner)	1 each	250	0	0	3	0	10	190	20	0	20	0
Red Sangria (Signature)	1 each	130	0	0	0	0	0	20	23	< 1	11	0
Red Sangria (Schooner)	1 each	220	0	0	0	0	0	25	36	< 1	19	0
White Sangria (Signature)	1 each	130	0	0	0	0	0	20	23	< 1	11	0
White Sangria (Schooner)	1 each	220	0	0	0	0	0	25	35	< 1	19	0
Margarita (Signature)	1 each	300	0	0	0	0	0	25	66	< 1	61	0
Margarita (Schooner)	1 each	590	0	0	0	0	0	50	129	< 1	122	0
Mojitos (Signature)	1 each	230	0	0	0	0	0	20	44	1	38	0
Mojitos (Schooner)	1 each	460	0	0	0	0	0	40	86	2	76	< 1
Peach Sunrise Sangria (Signature)	1 each	250	0	0	0	0	0	35	51	< 1	47	0
Peach Sunrise Sangria (Schooner)	1 each	490	0	0	0	0	0	50	80	2	72	< 1
Carribean Sunset Sangria (Signature)	1 each	190	0	0	0	0	0	20	38	< 1	34	0
Carribean Sunset Sangria (Schooner)	1 each	310	0	0	0	0	0	10	41	2	34	0

# GENGHIS GRILL NUTRITION GUIDE

MENU ITEMS	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
<b>WINE-BASED COCKTAILS</b>												
Cherry Lime Sparkler (Signature)	1 each	250	0	0	0	0	0	25	54	1	44	0
Cherry Lime Sparkler (Schooner)	1 each	500	0	0	0	0	0	20	90	3	67	0
Pina Colada (Signature)	1 each	230	0	0	1	0	<1	95	31	0	30	0
Pina Colada (Schooner)	1 each	460	0	0	2.5	0	9	190	60	0	57	0
Khan's Daquiris Mango (Signature)	1 each	290	0	0	0	0	0	10	59	2	52	0
Khan's Daquiris Mango (Schooner)	1 each	560	0	0	0	0	0	20	113	2	102	<1
Khan's Daquiris Strawberry (Signature)	1 each	290	0	0	0	0	0	30	59	2	51	0
Khan's Daquiris Strawberry (Schooner)	1 each	560	0	0	0	0	0	60	113	2	100	<1
<b>SAKE</b>												
Tyku (Glass)	1 each	180	0	0	0	0	0	0	7	0	0	0
Tyku (Sake Bomb, Sake Only)	2 oz	60	0	0	0	0	0	0	2	0	0	0
Gekkeikan (Glass)	1 each	220	0	0	0	0	0	0	10	0	10	1
Gekkeikan (Sake Bomb, Sake Only)	2 oz	70	0	0	0	0	0	0	3	0	3	0
Bud Light Draft (Sake Bomb Portion)	12 oz	50	0	0	0	0	0	0	2	0	2	0
Sam Adams Draft (Sake Bomb Portion)	12 oz	30	0	0	0	0	0	0	2	0	2	0



# GENGHIS GRILL NUTRITION GUIDE

## MENU INGREDIENTS

Gluten-Friendly

### SAUCES

Roasted Tomato	Tomato puree, salt, sugar, extra virgin olive oil, spices and garlic powder.	N
Honey Soy	High fructose corn syrup, sugar, water, soybeans, vinegar, wheat, white wine, honey, salt, pineapple juice concentrate, contains less than 2% of: modified food starch, sesame oil, spices, garlic powder, potassium sorbate as a preservative, natural rice flavor, yeast extra, caramel color, xanthan gum.	N
3G	High fructose corn syrup, water, sugar, soybeans, wheat salt, vinegar, modified food starch, contains less than 2% of: peach concentrate, white wine, garlic, hydrolyzed soy protein, apple juice concentrate, pear juice concentrate, paprika, sesame oil, spices, yeast extract, disodium inosinate and disodium guanylate, lemon juice concentrate, garlic powder, potassium sorbate and sodium benzoate as preservatives, citric acid, sesame seed, caramel color, natural rice flavor.	N
Island Teriyaki	High fructose corn syrup, soy sauce, distilled vinegar, sugar, pineapple juice concentrate, contains less than 2% of: modified food starch, salt, garlic, spice, onion, potassium sorbate and sodium benzoate as preservatives, citric acid, caramel color.	N
Roasted Garlic	High fructose corn syrup, water, soy sauce, garlic, hoisin sauce, sugar, flour, vinegar, modified food starch, peach juice concentrate, contains less than 2% of: salt, lemon juice concentrate, vinegar, paprika, hydrolyzed soy protein, corn syrup, natural garlic flavor, sesame oil, spice, potassium sorbate, sodium benzoate and calcium disodium edta as preservatives, caramel color, disodium inosinate and disodium guanylate, propylene glycol alginate.	N
Sweet N Sour	Water, sugar, vinegar, pineapple juice concentrate, modified corn starch, contains less than 2% of salt, citric acid, oleoresin paprika (color), green bell pepper, red bell pepper, potassium sorbate (preservative). *Dried	Y
Mongo BBQ	High fructose corn syrup, water, vinegar, tomato paste, corn syrup, honey, molasses, modified food starch, contains less than 2% of: salt, natural flavor, spices, vegetable oil. potassium sorbate and sodium benzoate as preservatives, paprika, garlic, onion, natural smoke flavor, propylene glycol alginate, caramel color, sugar, tamarind.	Y
Thai Peanut	High fructose corn syrup, soy sauce, water, vegetable oil, sesame seed paste, molasses, rice vinegar, lime juice, contains Less than 2% of: Ginger sesame oil, sesame seed, spices, artificial peanut flavor, citric acid, fermented wheat protein, yeast extract, maltodextrin, garlic, paprika, potassium sorbate and sodium benzoate as preservatives, xanthan gum, natural flavor, extractives of paprika.	N

# GENGHIS GRILL NUTRITION GUIDE

## MENU INGREDIENTS

Gluten-Friendly

### SAUCES

Red Chili Garlic	Water, aged cayenne pepper, sugar, garlic, salt, vegetable oil, honey, vinegar, contains less than 2% of: spices, red bell pepper, soybeans, wheat, chili de arbol pepper, garlic powder, xanthan gum, potassium sorbate, sodium benzoate and calcium disodium edta as preservatives, chives, sodium alginate, sodium metabisulfate. *Dried	N
Pan Asian	High fructose corn syrup, vegetable oil, distilled vinegar, sesame oil, rice vinegar, water, salt, sugar, contains less than 2% of: Soybeans, wheat, natural flavor, orange juice concentrate, lemon juice concentrate, spice, sesame seeds, xanthan gum, garlic, carrageenen, onion, ginger, paprika, calcium disodium edta to protect flavor, caramel color.	N
Dragon	High fructose corn syrup, vinegar, sugar, red bell pepper, garlic, salt, aged cayenne pepper, soy sauce, contains less then 2% of: modified food starch, vegetable oil, chili pepper, dehydrated garlic, dehydrated red bell pepper, plum, rice vinegar, garlic powder, sodium benzoate as a preservative, xanthan gum, paprika.	N
Sesame Soy	Water, vegetable oil, sugar, soy sauce, sesame seed paste, sriracha chili sauce (red chili, white vinegar, sugar, salt, garlic, acetic acid, lactic acid, red chili powder, xanthan gum), vinegar, lime juice, balsamic vinegar, aged cayenne pepper, contains less than 2% of: sesame oil, spices, red bell pepper, salt, hydrolyzed soy protein, sesame seeds, garlic, ginger, chili de arbol pepper, caramel color, garlic, potassium sorbate and sodium benzoate as preservatives, paprika, xanthan gum, artificial peanut flavor, sodium metabisulfate.	N
Kung Pao	High fructose corn syrup, water, vinegar, sugar, brown sugar, distilled vinegar, wheat, rice vinegar, soybeans, vegetable oil, sesame oil, salt, contains less than 2% of: ginger, modified food starch, spice, garlic, xanthan gum, propylene glycol alginate, paprika, potassium sorbate and calcium disodium edta as preservatives, caramel color, onion, dextrose, citric acid.	N
Sesame	Sugar, Water, Vegetable Oil (Soybean and/or Canola), Soy Sauce (Water, Wheat, Soybeans, Salt), Peach Juice Concentrate, Modified Food Starch, Contains less than 2% of: Salt, Vinegar, Natural Flavor, Sesame Seed, Sesame Oil, Lemon Juice Concentrate, Garlic, Caramel Color, Spices, Guar Gum, Paprika, Calcium Disodium EDTA to protect flavor.	N
Asian Chili	Chili, salt, distilled vinegar, potassium sorbate & sodium bisulfate as preservatives & xanthan gum.	
Ginger Water	Ginger, water, contains less than 1%: phosphoric acid, sodium benzoate and potassium sorbate.	Y
Garlic Water	Garlic, water, phosphoric acid, sodium benzoate and potassium sorbate as a preservative. Contains naturally occurring sulfites.	Y